**I Am….**

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***Thank you, God, that I am….***

***“Fearfully and wonderfully made” Psalm 139:14***

***“Made in God’s image” Genesis 1:27***

**Look at the words around the person on the next page.**

**These words from the Bible describe how God sees you, the person he lovingly created.**

 **Do any of these words remind you of you?**

**Now look at yourself in the mirror.**

**God made you in his image and you are unique and loved by him.**

**Look at God’s description of you again let those words sink into your soul.**

**Choose one word or phrase to keep in your head today.**

You need

* A printout of the next page
* A mirror, you could raid the science cupboard for these.

**God says you are:**

**Healed**

**Unique**

**Accepted**



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**Noticed**

**Family**

**Important**

**Loved**

**Friend of Jesus**

**Cared for**

**Forgiven**

**Blessed**

**Never alone**

**I can do all things**

**God’s Child**

**Chosen**